



Welcome to Bunnyrabbits / Jackrabbits

Jackrabbit lessons will be held every Saturday afternoon from 1:30-3:00PM until the beginning of April (see other side for calendar of events).

When preparing to come to Jackrabbits, please keep the following in mind:

- ✳ **Lessons start INSIDE promptly at 1:30 PM.** It is essential to check in with your coach at the beginning of the lesson before you go on the trails.
- ✳ Please go to your assigned table upstairs as soon as you enter the clubhouse.
- ✳ If you arrive late and your child's group has already gone, please **do not** send your child out on the trails alone. For safety reasons, we cannot allow children out on the trails without an adult.
- ✳ Please ensure that appropriate clothing is worn to keep your child both warm and protected from the wind. Coaches will check for proper clothing and can refuse a child who is not dressed for both warmth and wind. This means mittens (not gloves), a hat that covers your ears, a neck warmer and a windproof hood. For cold feet, boot covers can be made by cutting the toe out of an old wool sock. Please ask your coach if you have any questions about clothing.
- ✳ All skis (except "waxless" skis) should be waxed appropriately for the weather each week. If you have questions about waxing, please ask your coach or the Jackrabbit Coordinator.
- ✳ Bunnyrabbit parents are required to ski with their child. Parents and other family members are welcome (and encouraged) to ski with Jackrabbit groups. Snowshoes may be worn, but please don't walk on the trails in your boots.
- ✳ Lessons end with free hot chocolate and snacks.
- ✳ Lessons end at 3 PM* (or earlier if it is cold). **You must be at the chalet to pick-up your child at 3PM.** We must leave the clubhouse tidy. Please help to clean-up before you leave.
- ✳ **Each family is required to volunteer at least one Saturday afternoon in the canteen.** Duties include making hot chocolate, preparing snacks and cleaning up. If it is your week to volunteer, you should expect to be at the club from 1:30 until 3:30 PM. A sign up list will be circulated via email, and detailed instructions will be available in the kitchen.
- ✳ Lessons will continue on cold weather days, however their outside time will be shortened and coaches will also offer indoor activities to their class. Parents are especially encouraged to ski with their child's group on cold weather days.
- ✳ Please subscribe to the YK Ski club bulletin to receive newsletters about ski club events and general information. <http://skiyellowknife.com/>

Ultimately our goal is to have your child (and your family) enjoy skiing. If there is anything that we can do to improve this experience, please let us know.

Jackrabbits Coordinator: Kerry Wheler email: kerrywheler@gmail.com or 867.446.5448

Coach Coordinator: Alex Lothian email: alothian02@yahoo.ca or 306.321.4454 (h) 867.445.1680 (c)

Canteen Coordinator: Jen Chiasson: jenandrayc@gmail.com

2018-2019 Jackrabbit Season

Date	
Nov 23	Jackrabbits Family Dance at the ski club 6-7:30. Games & Fun!
Nov 24	First Day of Jackrabbits
Dec 1	Regular lessons – Beckie Scott Ski
Dec 8	Regular lessons
Dec 15	Regular lessons – Candy Cane Ski - last day before Christmas
Dec 22 – 29, Jan 5	Christmas Break – no lessons
Jan 12	Regular Lessons - Jackrabbits starts up after Christmas
Jan 19	Regular lessons
Jan 26	Regular lessons
Feb 2	Regular lessons – Beckie Scott Ski
Feb 9	Regular lessons
Feb 16	Regular lessons
Feb 23	YK Ski Races (All levels are encouraged to participate in this special event. Watch for race notice closer to the date). Parents need to be present.
Mar 2	Regular lessons – Ski-a-thon
March 9	Regular lessons – Ski to the Snow Castle!
Mar 16	March Break – no lessons (Frostbite 50 is this weekend if parents want a ski challenge!)
Mar 23	March Break – no lessons
Mar 30	Regular lessons (watch for an email from your coach since this is still spring break and lessons may be altered)
Apr 6	Last day, awards & special activities

Apr 8 – Yellowknife Gold Loppet, sponsored by TerraX – this is a community event with groomed trails out on Vee Lake. Families are encouraged to participate!

Please refer to ski club events page at skiyellowknife.com for a complete list of special events at the club.